The following list of items helps Los Angeles Mission to fight food insecurity in and around Skid Row. So many of our neighbors and friends rely on us to provide breakfast, lunch and dinner 365 days a year.

- Applesauce
- Beans
- Boxed dinners
- Canned fruit
- Canned meats
  (Tuna, Chicken, Beef, Pork, Vienna Sausage)
- Canned milk
- Cereal
- Chili
- Cocoa
- Coffee
- Drinks
  (Water, Juices, Sodas, Tea—Hot or Iced)
- Grits
- Jell-O
- Jelly
- Macaroni
- Mashed potatoes
- Oatmeal
- Pasta
- Peanut butter
- Pudding
- Ravioli
- Rice
- Sauces
- Soups
  (Ramen, Cup of Noodles)
- Vegetables